



# National Elite Gymnastics 2018 Summer Sports Camp

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[www.neg-usa.com](http://www.neg-usa.com) • [neg-usa@outlook.com](mailto:neg-usa@outlook.com)

## Daily Camp Schedule:

### Monday / Tuesday / Thursday

7:30 a.m. Drop Off  
8:30 a.m. Games/Gymnastics  
10:00 a.m. Sports Outside  
Field/ Playground/ Side Field  
Rotations every 20mins  
11:00 a.m. Get Ready for Pool  
11:30 a.m. Travel to Pool  
12:00 p.m. Lunch/ Park/ Swim @ Garrison (pool is  
not confirmed yet)  
2:00 p.m. Travel to NEG  
2:30 p.m. Clean-up & Change for Gym  
3:00 p.m. Gymnastics/Ninja Warrior  
4:00 p.m. Snack  
4:30 p.m. Inside Play/Arts and Crafts/Playground  
6:30 p.m. Parent Pick Up

### Friday

7:30 a.m. Drop Off  
8:30 a.m. Games/Gymnastics  
10:00 a.m. Tournaments  
11:30 a.m. Lunch  
12:00 p.m. Movie  
2:00 p.m. Games  
2:30 p.m. Open Gym/Ninja Warrior/Rock Wall  
3:30 p.m. Snack  
4:00 p.m. Inside Play/Arts and Crafts/Playground  
6:30 p.m. Parent Pick up

### Wednesday

Is field trip day! **Please note that you need to arrive for all field trips by the times indicated on page 2, and that will return by 4:00 pm except where noted.** All campers must wear their camp T-shirt given upon enrollment. **If you forget, you will need to purchase one for \$10.00.** The last order for shirts will be placed on July 1<sup>st</sup> and specific sizes may not be available for lost shirts or late camp enrollment.

### Fees:

**Camp Registration Fee:** \$30.00 per child (includes camp T-shirt)

### **Camp Deposits:**

There is a **\$50.00 NON-REFUNDABLE deposit per week** required to hold your spot. This deposit will be applied to your weekly camp tuition. **Camp deposits and registration fees are due when you sign up for camp.** You may make changes to your selected weeks prior to June 4<sup>th</sup>. **However, any changes made after June 4<sup>th</sup> will incur a \$10.00 fee per occurrence.** If you cancel or are absent any weeks after June 6<sup>th</sup>, your deposits and registration fees will be forfeited.

**Weekly Rates:** Please see rates listed on page 2.

**Single Day Rate:** \$55.00 per child \* Extra fees will apply for Wednesday field trips.

There is a 10% discount for siblings. If you pay in full for 5 or more weeks we will take an additional 5% off your camp tuition.

**Weekly Tuition Payment Deadline:** Your weekly tuition (minus deposit) is due by the Thursday before you attend camp each week.

**Weekly Tuition Rates & Wednesday Field Trips:** All weekly rates include field trip cost.

**\* LUNCH INCLUDED**

			<b>Cash/Check DISCOUNT</b>	
Week 1: June 4 – June 8	Stunt Ranch	\$257.25	\$245.00	Arrive by 9:30 a.m.
Week 2: June 11 – June 15	Natural Bridge Caverns	\$248.85	\$237.00	Arrive by 8:00 a.m.
Week 3: June 18 – June 22	Austin’s Park & Pizza *	\$254.10	\$242.00	Arrive by 9:00 a.m. Return by 5:00 p.m.
Week 4: June 25 – June 29	Dinosaur Park	\$226.80	\$216.00	Arrive by 9:30 a.m.
Week 5: July 2 – July 6	No field trip	\$176.40	\$168.00	<b>Closed on July 4th</b>
Week 6: July 9 – July 13	Gatti Town *	\$236.25	\$225.00	Arrive by 9:30 a.m.
Week 7: July 16 – July 20	Wonder World	\$231.00	\$220.00	Arrive by 8:00 a.m.
Week 8: July 23 – July 27	Altitude *	\$237.30	\$226.00	Arrive by 10:30 a.m.
Week 9: July 30 – Aug. 3	Game Plan Entertainment	\$236.25	\$225.00	Arrive by 10:30 a.m.
Week 10: August 6 – Aug. 10	Dave & Buster’s *	\$252.00	\$240.00	Arrive by 9:30 a.m.
Week 11: August 13 – Aug. 17	Fiesta Texas * (Chaperones welcome)	\$281.40	\$268.00	Arrive by 7:30 a.m. Return by 6:30 p.m.

**Camp Guidelines & Information:**

All camp staff members are certified in CPR, first aid, and water safety.

**Water bottles are required every day!**

**Please put sunscreen on your child prior to arrival at NEG.** We will provide and reapply sunscreen before going to the pool. You are more than welcome to send your own sunscreen with your child and we will apply it.

**Please put your camper’s name on EVERYTHING!** NEG and/or coaches are not responsible for lost items.

Snack is provided once daily. You are welcome and encouraged to pack extra, healthy snacks.

No sodas, candy, or gum are allowed at NEG Summer Sports Camp.

Please be sure to pack a sack lunch every day for your child, with the exception of some field trips. Microwave ovens will **not** be available for warming lunches.

Earliest drop off is 7:30 a.m. and your child/children must be picked up by 6:30 p.m. **Please note there is a late pick-up fee of \$1 per minute after 6:30 p.m.** Payment for late pick-up is required upon arrival.

NEG's sports camp has been designed to encourage physical activity through sports lessons and exercise. Each camper is expected to participate in all scheduled activities. In the event of illness or injury, a request can be made for an optional form of activity.

Camp schedule and field trips are subject to change due to weather.

All campers are divided into age groups for activities, and by skill level for swimming and gymnastics.

#### Age Groups:

- 5-6 years      Red Cubs
- 7-8 years      Black Jaguars
- 9-12 years     White Tigers

#### Swim Levels:

1. Red – Very beginner swimmer; 2 ft to 3 ½ ft swimming area
2. Green – Good swimmer; 2 ft to 5 ½ ft swimming area (Swim Test is required)
3. Blue – Advanced swimmer; 2 ft to 12 ft swimming and diving area (Swim Test is Required)

*Gymnastics Levels are based off of USA Gymnastics determination of levels using specific skills on each apparatus.*

## **Discipline and Guidance Policy for National Elite Gymnastics**

Discipline must be:

- (1) Individualized and consistent for each child;
- (2) Appropriate to the child's level of understanding; and
- (3) Directed toward teaching the child acceptable behavior and self-control.

A caregiver may only use positive methods of discipline and guidance that encourage self-esteem, self-control, and self-direction, which include at least the following:

- (1) Using praise and encouragement of good behavior instead of focusing only upon unacceptable behavior;
- (2) Reminding a child of behavior expectations daily by using clear, positive statements;
- (3) Redirecting behavior using positive statements; and
- (4) Using brief supervised separation or time out from the group, when appropriate for the child's age and development, which is limited to no more than one minute per year of the child's age.

There must be no harsh, cruel, or unusual treatment of any child. The following types of discipline and guidance are prohibited:

- (1) Corporal punishment or threats of corporal punishment;
- (2) Punishment associated with food, naps, or toilet training;
- (3) Pinching, shaking, or biting a child;
- (4) Hitting a child with a hand or instrument;
- (5) Putting anything in or on a child's mouth;
- (6) Humiliating, ridiculing, rejecting, or yelling at a child;
- (7) Subjecting a child to harsh, abusive, or profane language;
- (8) Placing a child in a locked or dark room, bathroom, or closet with the door closed; and
- (9) Requiring a child to remain silent or inactive for inappropriately long periods of time for the child's age.

Texas Administrative Code, Title 40, Chapters 746 and 747, Subchapters L, Discipline and Guidance

**Parent Copy**





### 2018 Summer Sports Camp Registration Form

7632 Hwy 71 West Austin, TX 78735

512-288-9722 office 512-288-4643 fax

[www.neg-usa.com](http://www.neg-usa.com)

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Student's Name: \_\_\_\_\_ D.O.B.: \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_\_\_ M or F

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Student's Name: \_\_\_\_\_ D.O.B.: \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_\_\_ M or F

**PLEASE CIRCLE THE DAYS THAT YOUR CHILD/CHILDREN WILL BE ATTENDING CAMP.**

WK	Dates	Circle Days of Attendance	WK	Dates	Circle Days of Attendance
1	June 4 – June 8	Full Week M T W TH F	7	July 16 – July 20	Full Week M T W TH F
2	June 11 – June 15	Full Week M T W TH F	8	July 23 – July 27	Full Week M T W TH F
3	June 18 – June 22	Full Week M T W TH F	9	July 30 – Aug 3	Full Week M T W TH F
4	June 25 – June 29	Full Week M T W TH F	10	Aug 6 – Aug 10	Full Week M T W TH F
5	July 2 - 3, July 5 - 6	Full Week M T TH F	11	Aug 13 – Aug 17	Full Week M T W TH F
6	July 9 – July 13	Full Week M T W TH F		<b>T-Shirt Size</b>	<b>CXS CS CM CL CXL AS</b>

**RELEASE OF LIABILITY**

All precautions will be taken to prevent accidents. However, should an accident occur, first aid will be administered and a parent and/or doctor will be notified. National Elite Gymnastics and staff cannot be held liable for injuries that occur on the premises or otherwise in the care of N.E.G. personnel.

I/We \_\_\_\_\_ assume all responsibility and waive any claim for compensation for injury incurred by my/our child while in camp and hereby agree to indemnify or hold harmless N.E.G., it's owners, and staff against any and all claims, which may arise from an injury to my/our child/children while participating in the program.

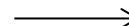
**SIGNATURE OF PARENT OR LEGAL GUARDIAN:** \_\_\_\_\_ **DATE:** \_\_\_/\_\_\_/\_\_\_

**TRANSPORTATION**

I hereby give my consent for National Elite Gymnastics to provide transportation to and from the field trips and the pool.

**SIGNATURE OF PARENT OR LEGAL GUARDIAN:** \_\_\_\_\_ **DATE:** \_\_\_/\_\_\_/\_\_\_

Office Use: EM CP PAY CPY



**ADMISSION INFORMATION:** Student(s) Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Parent's Name: \_\_\_\_\_ Parent's Name: \_\_\_\_\_

Home #: \_\_\_\_\_ Home #: \_\_\_\_\_

Work #: \_\_\_\_\_ Work #: \_\_\_\_\_

Cell#: \_\_\_\_\_ Cell #: \_\_\_\_\_

E-mail: \_\_\_\_\_

Name, Address, and Phone # of emergency contact if parents cannot be reached:

\_\_\_\_\_

I authorize NEG to allow my child/children to leave with ONLY parents listed above and the following persons:

Name: \_\_\_\_\_ Ph#: \_\_\_\_\_

Name: \_\_\_\_\_ Ph#: \_\_\_\_\_

Name: \_\_\_\_\_ Ph#: \_\_\_\_\_

**AUTHORIZATION FOR EMERGENCY MEDICAL ATTENTION**

In the event that I cannot be reached to make arrangements for emergency medical attention, I authorize the Camp Director or person in charge to take my child to:

Emergency Care Facility: Seton SW 7900 FM 1826 Austin, TX 78737 512-324-9000

Other: \_\_\_\_\_

Child's Physician: \_\_\_\_\_ Phone #: \_\_\_\_\_

Any known medical problems/allergies:

\_\_\_\_\_

Signature of Parent or Legal Guardian: \_\_\_\_\_ Date: \_\_\_/\_\_\_/\_\_\_

**Please initial:**

- \_\_\_\_\_ I hereby give my consent for my child/children to participate in field trips.
- \_\_\_\_\_ I hereby give my consent for my child/children to participate in Water Activities such as sprinkler play, wading pools, and swimming.
- \_\_\_\_\_ I understand that a snack and lunch on certain listed field trips will be served to my child/children while in care.
- \_\_\_\_\_ I have read and received a copy of the discipline and guidance policy for National Elite Gymnastics (Pg 3).

**Swim Level (PLEASE CIRCLE):** RED GREEN BLUE

Special Comments:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_.